Gary Tillman Memorial Clocktower 5K Road Race

and 2 Mile Health Walk

Saturday, August 20, 2011 at 8:00 am

Benefitting The Exchange Club Family Resource Center for the Prevention of Child Abuse

ROME RUNNERS CLUB

USATF Certified Course GA95015WC

LOCATION ***NEW RACE HEADQUARTERS*** - Heritage Park - Behind the Levee on 2nd Avenue, In the Park Next to the Finish Line; Race runs through Historic Downtown Rome, Georgia

REGISTRATION Pre-registration by mail until August 10, 2011, or through www.active.com. Register on race day from 6:30 to 7:30AM Postmarked by 8/10: 5K is $20; 2 Mile is $15. After 8/10 & Race Day all events are $25.

PRE-RACE PACKET PICKUP *Avoid the crowds! Pre-registered participants may pick up race packets and numbers on Friday, August 19th, from 4:00 pm until 6:00 pm at Pro Performance, 314 East First Avenue*

PRO PERFORMANCE FITNESS COACHING Individuals | Groups | Nutrition Sports Performance

AMENITIES Short-sleeved 50/50 GILDAN DryBlend tee-shirts guaranteed to all pre-registered participants ***NEW TEE-SHIRT DESIGN THIS YEAR***
All participants in 5K and Health Walk are eligible for great participants' packets, music, refreshments, pre- & post-race massage, & fantastic door prizes. You must be present to win.

RUN & SEE GEORGIA GRAND PRIX Since 1989

SHOWERS Available at YMCA, 810 East 2nd Avenue (9 blocks from the Start / Finish area and parking)

5K AWARDS Male and Female - 1st place for Overall, Masters, and GrandMasters; 1st, 2nd, and 3rd in each age group: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & Over
5K RACE IS CHIP TIMED

After the race, be our guest in Georgia's Rome - Enjoy one of our many restaurants, browse our museums, gift shops, or retail stores, or take a tour of the Clocktower or downtown Rome. Downtown merchants will have a Sidewalk Sale after the race. Stick around for River Revelry in Heritage Park starting at 6:00 on Saturday evening. Food, music, and fun on the river! For more information visit ***www.romegeorgia.org.***

RRCA

For Information Contact: Gail Johnson at 706-235-3035 or by email at tillmanclocktowerrace@yahoo.com
Visit us on the Web at www.tillmanclocktowerrace.org or www.romerunnersclub.org.

ATTENTION: Please read carefully and print all information. Waiver must be signed. If under 18 years of age, applicant must have signature of parent or guardian in addition to his/her own. Illegible or incomplete entries will not be accepted. No refunds. Race will be held rain or shine. Bicycles, skateboards, baby joggers or strollers, roller skates or inline skates, and other wheeled conveyances, radio headsets, and animals are not permitted due to insurance considerations.

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CLOCKTOWER ROAD RACE - August 20, 2011

Circle One: 5K Race 2 Mile Walk

ROME RUNNERS CLUB

Mail entry form and checks payable to:
Rome Runners Club
P.O. Box 152
Rome, GA 30162-0152

Name:_____ Age:_____ Date of Birth:_____ Gender: M F (Circle One)

Address:_____ City:_____ State:_____ Zip:_____

Phone:(____)_____ Email:_____ Shirt: YM S M L XL XXL XXXL (Circle One)

Waiver:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Rome Runner's Club and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

I certify that I am 18 years of age or older, or that I am the Parent/Guardian of the entrant and am granting permission for him/her to participate.

_____ | _____

Signature Date Parent/Guardian (If under 18) Date